



**“If you know yourself better,
you can achieve much bigger
things. But see your inner
peace before you seek peace in
the world”**

**Kalyan Banerjee
RI President, 2011-12**

The Wheel

Rotary Club of Windsor (1918)

What is Rotary?

Rotary is an organization of business and professional men and women united worldwide dedicated to providing humanitarian service, encouraging high ethical standards in all vocations, and helping build good will and peace in the world.

Object of Rotary

The object of Rotary is to encourage and foster the idea of service as a basis of worthy enterprise and foster:

- The development of acquaintance as an opportunity for service
- High ethical standards in business and professions; the recognition of the worthiness of all useful occupations; and the dignifying by each Rotarian of his or her occupation as an opportunity to serve society
- The application of the ideal of service by every Rotarian to his or her personal business and community life
- The advancement of international understanding goodwill and peace through a world fellowship of business and professional persons united in the ideal of service

Today's Program

Monday, October 31, 2011

“Make it Your Job to Stay Fit”

Speaker: Mike Bates



Mike Bates is the owner of ReFine Fitness Studio for adults and busy professionals here in Windsor. Personal training and nutrition counseling available.

Board of Directors

Officers

President: Ronald Arkell
 President Elect: Kay Curtis
 President-Nominee: Janet Kelly
 Past President: Richard Caron
 Secretary: David Eady
 Treasurer: Gord Faas
 Sergeant at Arms: Walter Willms

Director Chairs of Division

Membership: Ken Sherman
 Public Relations: Ken Wheeldon
 Service Projects: Julie Bell
 The Rotary Foundation: Jeewen Gill

Director Secretaries of Division

Membership: Mike Drake
 Public Relations: Robert Maich
 Service Projects: Ed Zusko
 The Rotary Foundation: Karen Durocher

Service Above Self

THE 4-WAY TEST

Of the things we think, say or do

1. Is it the truth?

2. Is it fair for all concerned?

3. Will it build goodwill and better friendships?

4. Will it be beneficial to all concerned?

LAST MEETING'S ANNOUNCEMENTS

President Ron announced that:

► Former member, and now Honorary Member, Don Sadler, is retiring. A dinner will take place on Thursday, November 10 at the WFCU Centre.

1. PP Peter Hrastovec announced that this week is Polio Awareness Week. To promote "End Polio Now", Peter and his committee solicited a \$1 donation from each member. After the loonie was dropped in the can, a committee member would 'paint the pinkie' of the donor. Inoculated kids get their pinkies painted during Rotary immunization clinics held in developing countries. \$183.15 was collected in the cans, \$145 was donated from the Bingo slush fund and \$50 was donated from 1/2 of Happy Bucks collected.
2. Sushil Jain gave the Environmental Committee 'tip of the week' that will be published in The Wheel.
3. Don Larkin requested assistance in getting 8 students to the RYLA Conference, in Michigan, on Nov. 10 and a return ride on Nov. 12

Saad Jasim presented a cheque to the Club in the amount of \$1,400 for a water purification project. This money was donated by the same company that built Windsor's ozone water system.

For This Schedule, October 31, 2011

Reporter: Karen Feltham
Registrar: Marcela Diaz
Parent Avenue Greeter: Sandra Salo
Front Door Greeter: Weder de Oliveira
Invocation: Nick Bibic
Four-Way Test: Steve Konkle

LAST MEETING'S PROGRAM

Exchange students, Weder and Sandra, brought us up-to-date on their adventures during the past week.

Dr. Fouad Tayfour presented a program on 'Cataract Surgery, Striving for Quality Visual Restoration'. Dr. Tayfour is the founder of the Windsor Laser Eye Centre and the first to perform laser eye surgery in Windsor. Cataracts, a result of the aging process, are the number one cause of blindness. Cataract surgeries have been performed since 800 BC. A video illustrating modern cataract surgery was shown with remarks by Dr. Tayfour. He was thanked by Joe Passa who also commended Dr. Tayfour for his generous donation to Windsor Regional Hospital.

UPCOMING PROGRAMS

Monday, November 7, 2011
'Remembrance Day Program'
Speaker: Major Bryn Elliott,
Deputy Commanding Officer,
435 Squadron

Monday, November 14, 2011
TBA

Monday, November 21, 2011
The Salvation Army's Windsor
Advisory Board Annual Luncheon

Monday, November 28, 2011
The meeting will be off-site
@ the Children's Safety Village

LAST MEETING'S RAFFLE WINNER
Monica Nowak, President of Rotaract Club
\$102.50
Monica donated her winnings to Polio Plus

CLUB CELEBRATIONS

Happy Birthday

- ✓ Anil Chitte ✓ Sheena McCabe
- ✓ Jim Blue ✓ Nels Katzman
- ✓ Kay Douglas

Happy Club Anniversaries

- ✓ Phil Cohen (18 yrs)
- ✓ Mohamed Moussa (5 yrs)

ROVING ROTARIANS

- Mark Donlon - On-Line Make-Up (1)
- Don Snyder - Lyon-Nord, France (1)

POLIO PLUS

At last week's meeting, \$480.65 was collected for Polio Plus.
Peter Hrastovec Professional Corporation paid for the cake, bringing the total to \$550.64.

CONGRATULATIONS!

On behalf of Windsor Family Credit Union, I congratulate the Rotary Club of Windsor (1918) on a very successful Art in the Park weekend!

What a tremendous achievement it is to have raised not only \$58,000 for the restoration of Willistead, but also for so many other worthwhile local organizations. Great Job!

This is one annual event that so many Windsor and Essex County residents look forward to attending.

Congratulations on a successful event!

Martin J. Komsa
President and Chief Executive Officer
Windsor Family Credit Union

5 Easy Ways to Make a Big Difference.

1 Club Administration.

To ensure effective functioning of the club. Executive Committee, Awards Committee, Finance Committee, Special Funding, Projects and Planning Committee, Past President's Program Advisory Committee, Program Committee, Regular Office Volunteers

2 Membership Division.

Membership, fellowship, support. Family Matters, Fellowship and Entertainment, Fireside Chats Program, Membership Committee, Visiting Committee

3 Public Relations Division

To ensure the continuation of Rotary through community support and membership commitment. Four Way Test Program, History Committee, Publications Committee, Website Committee, Publicity and Publications Committee

4 Service Projects Division

Service above self. Adult Assistance Committee, Art in the Park Committee, Children's Assistance Committee, Children's Fest Committee, Environmental Committee, Fundraising Committee, Health Committee, Literacy Committee, Youth Services Committee

5 The Rotary Foundation Division

Service in conjunction with District 6400 and Rotary International Group Study Exchange, Student Exchange, Rotary International Foundation



UPCOMING MEETINGS

To have your meeting posted contact the Rotary Office (519 253-6382

- ▶ Adult Assistance Committee on Monday, October 31 at 11:30am @ Caboto Club

BINGO – The Club’s 2nd Major Fundraiser

TO VOLUNTEER, please contact Walter Willms at 519-966-7150 or walter.willms@sympatico.ca

- ▶ Tuesday, November 22 **Fully Staffed**
- ▶ Thursday, December 1 **Fully Staffed**

Volunteers Needed for Daytime Bingos:

	<u>8:30 to 4:30</u>	<u>8:30 to 2:30</u>	<u>10:00 to 4:30</u>
Mon. January	ALL SLOTS FILLED!		
Sun. March 11	_____	_____	_____
Sat. April 21	_____	_____	_____
Fri. May 11	_____	_____	_____

UPCOMING EVENTS

- ▶ 2012, May 31-June 3 - **DisCon 2012** at Kalahari Resort

TODAY’S ENVIRONMENTAL TIP

The 3Rs of the environment are: **Reduce - Reuse - Recycle**

Recycle is good, Reuse is better but Reduce is the best.

The critical first step of waste prevention has been overshadowed by a focus on recycling; the important component in that circular process is REDUCE.

How to reduce:

- Simplify your life as much as possible. Keep only those belongings that you use on a regular basis
- Reduce purchases
- Ask yourself before you buy any produce - do you really need it?
- Buy only what you need
- Avoid creating trash wherever possible
- When ordering food, avoid receiving any unnecessary plastic utensils, straws, etc.

Rotary Club of Windsor (1918)

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